

## **Sleep Detection System Using Image Processing**

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### **ABSTRACT**

*The main objective of the paper is to find the drowsiness of a driver for which the system uses a small camera that points directly towards the driver's face and monitors the driver's eyes in order to detect drowsiness. In a case if drowsiness is detected, a warning signal or alarm signal is issued to alert the driver to wake up and come out of the drowsy state. First, the system detects the face and then the eyes, and then determines whether the eyes are open or closed. The system deals with using information obtained for the binary version of the image to find the edges of the face, which narrows the area of where the eyes may exist. Once the eyes are located, measuring the distances between the intensity changes in the eye area determine whether the eyes are open or closed. If the eyes are found closed for 6 or more consecutive frames, then the system finds the inactiveness of the driver and concludes that the driver is falling asleep and issues a warning signal or generate an alarm signal to wake him up.*

### **INTRODUCTION**

With the ever increasing population and usage of automobiles, there is an increase in the number of fatalities as well. India, unfortunately, boasts of a very high number of 142,485 traffic-related fatalities. There are a number of reasons that can be attributed to this astonishing statistic, a few of primary concern being Fatigue, Alcohol Consumption and Sleep Deprivation. Hence, we developed a method to test for the closing of eyes of a person driving an automobile and provide an alarm indication if the eyes are detected to be closed for more than a specified amount of time. MATLAB 2013a Image processing techniques are adopted to detect the closure of the eye by sectioning only that portion of the driver's face from a live video relay obtained using a front camera.

### **DESCRIPTION**

#### **1. Processing a Static Image**

The method is based on the Viola-Jones algorithm. The project started off with detecting the eyes of a static image stored in the computer. The first step involved storing the image in a variable mentioning the location and the type of image. From the given image, only the eyes are sectioned out and processed to detect for closure or fatigue. The image is processed only to detect the eye region of the image by giving the position, width and height of the region as inputs to the `rectangle()` function. The position, width and height are obtained by using the Vision class in MATLAB. The built-in object detector function Cascade Object Detector is used to detect the eyes. The Eye Detect object is given as input to the `step` function along with the image and the values returned correspond to the X-Coordinate, Y-Coordinate, Width and Height of the eye region. The image is then cropped using the `imcrop()` function with one input as the  $n \times 4$  matrix and the other being the image itself. The RGB



image thus obtained is first converted to its equivalent grayscale form using the `rgb2gray()` function. This is followed by converting the thus obtained gray scale image to its black and white form using the `im2bw()` function. The BW image thus obtained is then dilated to get only the eyes. The purpose of performing the dilation function is to enhance the foreground features.

`IM2 = imdilate (IM,SE)` dilates the grayscale, binary, or packed binary image `IM`, returning the dilated image, `IM2`. `SE` is a structuring element object, or array of structuring element objects, returned by the `STREL` function. The basic effect of the operator on a binary image is to gradually enlarge the boundaries of regions of foreground pixels (white pixels).

## **2. Processing a live feed**

The next step of the project was to perform the same on a live video feed obtained by either using an external USB operated camera or by using the built-in webcam. The accuracy of this method of eye detection is based on the sensitivity of the camera. It is found to have a direct relationship with the accuracy. The greater the accuracy needed, the better quality of webcam has to be used. The first step towards implementing this, is to first identify the webcam drivers installed and then configure the webcam to obtain the necessary video feed. The associated webcams were identified by using the `imaqhwinfo()` function. The next step was to configure the webcam and assign the video properties.

This involved setting the `FramesPer Trigger` and `Returned Color Space` properties of the video object. The live feed was then obtained using the `start(video-object)` function.

The `vision.Cascade Object Detector` statement for detecting the face was used to initialize an object `Face Detect`. The next step was to crop the image such that only the face is retained static for further eye detection. This is achieved by visualizing the live video feed as individual frames and processing each frame distinctly. The `vision.Cascade Object Detector` for detecting the eye region was used to initialize an object `Eye Detect`. The video capturing was initially performed for the first 50 frames. The video was converted to individual frames using the `getsnapshot()` function which returns a matrix corresponding to an RGB image. The next step involved was similar to identifying the eye region in a static image, the difference being instead of the image being stored in the computer memory, it is stored virtually in a MATLAB script.

Since the `getsnapshot()` function works by contacting the webcam every time it is called, the processing time is increased. In order to minimize the time taken by the `get snapshot()`, the `trigger config()` property of the video object was set to manual mode. The `Eye Detect` object is given as input to the `step` function along with the image and the values returned correspond to the X-Coordinate, Y-Coordinate, Width and Height of the eye region. The image is then cropped using the `imcrop()` function with one input as the `n cross 4` matrix and the other being the image itself. The RGB image thus obtained is first converted to its equivalent grayscale form using the `thergb2gray()` function. This is followed by converting the thus obtained gray scale image to its black and white form using the `im2bw()` function. The BW image thus obtained is then dilated to get only the eyes. The dilated image thus obtained is a matrix. The sum of all the elements of the matrix are obtained using the `sum()` function. The value of this sum is compared with a temporary value (20), which is used to decide whether the eyes are closed or not. This temporary value is the specified time frame to check for closure of the eyes. This is



done by calculating the sum of the elements of the matrix for a particular set of frames (50). If the value does not exceed the threshold and stays constant for a short time it corresponds to a normal blink. If the value stays for more than 5

frames it means that the eye has been closed for more than 5 frames indicating a drowsy state. The MATLAB code immediately sends a warning message that the driver is drowsy. This can be improved by interfacing an audio amplifier and speaker to produce a warning sound or can be interfaced with a vibrator to produce a vibration.

### **3. PROPOSED METHOD**

**Viola Jones Algorithm:** The Viola-Jones algorithm, the first ever real-time face detection system. There are three ingredients working in concert to enable a fast and accurate detection i.e the integral image for feature computation, Adaboost for feature selection and an attentional cascade for efficient computational resource allocation. Here we propose a complete algorithmic description, a learning code and a learned face detector that can be applied to any color image. Since the Viola-Jones algorithm typically gives multiple detections, a post-processing step is also proposed to reduce detection redundancy using a robustness argument. The following are the main modules of our Algorithm-fig 6 explained as follows

#### **1. Video acquisition using webcam**

Video acquisition mainly involves obtaining the live video feed of the Automobile driver. Video acquisition is achieved, by making use of a camera and then dividing into frames: This module is used to take live video as its input and convert it into a series of frames/ images, which are then processed. Similarly, in our project we run the code. Initially the webcam gets activated, takes the live feed and converts into required frames i.e 10 frames.

#### **2 Face detection**

The face detection function takes one frame at a time from t frames provided by the frame

#### **3 Eyes detection**

Once the face detection function has detected the face of the automobile driver, the eyes detection function tries to detect the automobile driver's eyes. This is done by Viola Jones algorithm.

#### **4 Drowsiness detection**

After detecting the eyes of the automobile driver, the drowsiness detection function grabs, and in each and every frame it tries to detect the face of the automobile driver. This is achieved by making use of a set of pre-defined Haarcascade samples.

detects if the automobile driver is drowsy or not, by taking in consideration the state of the eyes, that is, open or closed and the blink rate.

### **4. RESULT AND DISCUSSION**

Around 1000 positive images and 5000 negative images were taken as sample datasets in-order to train the Face, Eye and Mouth Classifiers [10]. The Output of Viola Jones Algorithm are the Classifier files face.xml, eye.xml and mouth.xml. The input to the drowsy detector algorithm are these xml Classifier files. Drowsiness of a person can be measured by the extended period of time for which his/her eyes are in closed state. In this

system, primary attention is given to the faster detection and processing of data. The number of frames for which eyes are closed is monitored. If the number of frames exceeds a certain value, then a warning message is generated on the display showing that the driver is feeling drowsy. In this algorithm, first the image is acquired by the webcam for processing. Then the Haar cascade file face.xml is used to search and detect the faces in each individual frame. If no face is detected then another frame is acquired. If a face is detected, then a region of interest is marked within the face. This region of interest contains the eyes and mouth. Defining a region of interest significantly reduces the computational requirements of the system. After that the eyes and mouth are detected from the region of interest by using eye.xml and mouth.xml respectively.

### **Alarm System**

When the eyes are closed for more than three frames then it is deducible that the driver is feeling drowsy and similarly if the mouth is open for more than three frames, then it is deducible that the driver is yawning. Hence these cases are detected and an alarm sounded.

### **Judging drowsiness**

Drowsiness of a person can be measured by the extended period of time for which his/her eyes are in closed state. In our system, primary attention is given to the faster detection and processing of data. The number of frames for which eyes are closed is monitored. If the number of frames exceeds a certain value, then a warning message is generated on the display showing that the driver is feeling drowsy. In our algorithm, first the image is acquired by the webcam for processing.

Then we use the Viola Jones Algorithm to search and detect the faces in each individual frame. If no face is detected then another frame is acquired. If a face is detected, then a region of interest is marked within the face. This region of interest contains the eyes. Defining a region of interest significantly reduces the computational requirements of the system. After that the eyes are detected from the region of interest by using Viola Jones Algorithm. If an eye is detected then there is no blink and the blink counter K is set to '0'. If the eyes are closed in a particular frame, then the blink counter is incremented and a blink is detected. When the eyes are closed for more than 4 frames then it is deducible that the driver is feeling drowsy. Hence drowsiness is detected and an alarm sounded. After that the whole process is repeated as long as the driver is driving the car.

## **5. CONCLUSION**

The sleep detection system proposed has a specific set of advantages over the existing method and proves to be more efficient and economical in comparison. Although there is a constraint on the quality of the camera required for processing the live video feed, this method offers a non-invasive system for sleep detection. An improvement over the existing method, this system is indeed a feasible and easily implementable alternative.

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